**Patient Name:** DOUGLAS, ALWYN

**Date of Birth:** 12/08/1959

**Date of Service:** 06/27/2022

**History of Present Illness:**  
The patient is seen today for orthopedic follow-up evaluation.

The patient complains of left knee pain, that is rated at 5-6/10, with 10 being the worst. The left knee pain increases with going upstairs. Knee pain improved with injection.

**Past Medical History:**  
Arm or leg weakness.

**Past Surgical History:**  
Noncontributory

**Past Accident/Injuries:**

**Daily Medications:**  
Folic acid, vitamin B12

**Allergies:**  
No known drug allergies

**Social History:**  
Nonsmoker.

**Physical Examination:**  
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Left Knee:**  
Examination of the knee revealed lateral / \_\_\_\_medial compartment tenderness. Swelling present. There was no effusion. There was no atrophy of the quadriceps noted. Lachman’s test was negative. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was present. Valgus & Varus stress test was stable. Range of motion Flexion 115 degrees (150 degrees normal ), Extension 0 degrees(0 degrees normal ).

**Diagnostic Imaging:**  
X-ray of left knee \_\_\_\_\_

**Assessment and Plan:**  
Diagnosis: 1. Internal left knee derangement.  
 2. Traumatic \_\_\_\_\_exacerbation of left tricompartmental \_\_\_\_\_  
Plan: Recommend total knee replacement, left knee.

The patient’s Left Knee was examined   
X-ray of the Left Knee was reviewed.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**